

Little Flower Memorial Garden & Labyrinth Prayer Walk

In memory of Sue Schowalter Kleva (June 20, 1941 – December 7, 1999), Marty Kleva, his family, and the Schowalter family have donated this wonderful sacred space. Marty, a landscape artist, designed the garden.

Our prayer garden is located adjacent to the upper church parking lot, near the north end of the parish center.

The labyrinth was an ancient way of walking in prayer – of “centering” oneself... in God... in Christ...of being on pilgrimage. There many patterns for the walk – here are some you can try:

Focus on God.

Bow as you enter this sacred space.

Enter the labyrinth.

Follow the circular path to the center,

Pausing as you wish.

Focus on God.

Walking in

- ✧ Seek to empty yourself; begin to become aware of God’s presence within you.
- ✧ Concentrate on your walking.

At the center

- ✧ Find union with God and stay for awhile. Absorb God’s union with you.
- ✧ Concentrate on your breath.

Walking out

- ✧ Pray to bring the God-life you have experienced out into the lives of others.
- ✧ Concentrate on them.

Walk in - release

- ✧ Empty yourself.
- ✧ Become aware of God’s presence within and around you.
- ✧ Let go of distracting thoughts.
- ✧ Concentrate on walking and breathing.
- ✧ In your walking, you will face north, south, east and west.

Pray in the center - illumination

- ✧ Stop; receive the gifts God has for you.
- ✧ Stay in the center as long as you wish.

Walk out - union

- ✧ Follow the same circular path.
- ✧ Pray to bring the God-life you have received into others’ lives with peace, love, and justice.
- ✧ Focus on God.

God bless you as you pray and walk the Labyrinth.

If you meet anyone walking out as you are walking in or vice versa, pray for each other. We walk this pilgrimage of faith together!